

# A SONG OF GOD'S PROTECTION 1

## Psalm 57 | 1 Samuel 24:1-15

**01** What are some areas of your life that you are looking to God for protection at the moment?

**02** Read 1 Samuel 24:1-15, the context for Psalm 57.

**03** Think about the passage and the broader story. What reasons did David have to kill Saul in the cave?

**04** Why didn't David kill Saul? (v.15)

**05** Read Psalm 57.

**06** Why does David seek God's help (v.1-2)

**07** David describes his enemies in verses 4 and 6. What does this reveal about how he is feeling and the kind of danger he is in?

**08** Despite his adversaries, David focuses on God. Why does he say he 'will sing and make music' (v.7)? What do you notice about David's praise to God in verses 5, 8-11?

**09** How might trusting in God's protection change the way we respond to threats in life?

**10** Thinking about other Psalms that focus on God's protection. Break up into pairs and briefly look at one or more of the following Psalms. Identify the reason(s) the Psalmist has confidence in God's protection.

**Psalm 91** \_\_\_\_\_

**Psalm 121** \_\_\_\_\_

**Psalm 61** \_\_\_\_\_

**Psalm 46** \_\_\_\_\_

**11** Now think about Jesus. List out all the different ways we can look to Jesus to protect us?

**12** David often wrote psalms to express his heart to God. What are some ways you can/could express your confidence in God to protect you through danger?

**13** Optional activity: During the week, try writing you own psalm that expresses your response to current challenges that you are facing.

**14** Pray for each other.