

A SONG IN EVERY SEASON

*An exploration of the Psalms and
the Story of David*

5 BIBLE STUDIES
May 2025



10am Teaching Series

A SONG IN EVERY SEASON

An exploration of the Psalms and the Story of David

PRIMARY AIM

To explore the biblical basis of worshipping God in every season of life.

SUBSIDIARY AIMS

- To explore the interrelationship between different parts of Scripture particularly as they relate to the story of David.
- To gain a deeper understanding into the biblical concept of worship and how it extends beyond music.
- To explore themes of prayer, praise, thanksgiving and repentance.
- To deepen our knowledge of the Old Testament.

BACKGROUND INFORMATION

The book of Psalms is full of songs and poems that also relate directly into stories found elsewhere in the Bible. This sermon series is designed to follow on from the 1 Samuel series in 2024, as well as the focus on worship at our first Conference for the year.

Worship, including prayer, stands as a pivotal strategic focus within the St Hilary's Strategic Vision 2022-2025 document. This series is further designed to help congregants lean into this important area of our life with Jesus.



	Date	Title	Psalms	Other Passage
1	May 4	A Song of God's Protection	Psalms 57	1 Samuel 24:1-15
2	May 11	A Song when Far from God	Psalms 3	2 Samuel 15:7-31
3	May 18	A Song of Repentance	Psalms 51	2 Samuel 12:1-14
4	May 25	A Song in God's Provision	Psalms 18:1-19, 49-50	2 Samuel 22:1-3
5	June 2	A Song for the Temple to Come	Psalms 30	1 Chronicles 22:6-19

A SONG OF GOD'S PROTECTION

1

Psalm 57 | 1 Samuel 24:1-15

01 What are some areas of your life that you are looking to God for protection at the moment?

02 Read 1 Samuel 24:1-15, the context for Psalm 57.

03 Think about the passage and the broader story. What reasons did David have to kill Saul in the cave?

04 Why didn't David kill Saul? (v.15)

05 Read Psalm 57.

06 Why does David seek God's help (v.1-2)

07 David describes his enemies in verses 4 and 6. What does this reveal about how he is feeling and the kind of danger he is in?

08 Despite his adversaries, David focuses on God. Why does he say he 'will sing and make music' (v.7)? What do you notice about David's praise to God in verses 5, 8-11?

09 How might trusting in God's protection change the way we respond to threats in life?

10 Thinking about other Psalms that focus on God's protection. Break up into pairs and briefly look at one or more of the following Psalms. Identify the reason(s) the Psalmist has confidence in God's protection.

Psalm 91 _____

Psalm 121 _____

Psalm 61 _____

Psalm 46 _____

11 Now think about Jesus. List out all the different ways we can look to Jesus to protect us?

12 David often wrote psalms to express his heart to God. What are some ways you can/could express your confidence in God to protect you through danger?

13 Optional activity: During the week, try writing you own psalm that expresses your response to current challenges that you are facing.

14 Pray for each other.

A SONG WHEN FAR FROM GOD

2

Psalm 3 | 2 Samuel 15:7-31

- 01** Share about a time when you have felt far from God.
- 02** Read 1 Samuel 15:7-31 which provides context for Psalm 3.
- 03** Why is David fleeing Jerusalem?
- 04** What losses is David experiencing?
- 05** As you think about David's situation, what reasons might David have for feeling far from God?
- 06** Read Psalm 3.
- 07** What emotions, hopes or concerns can you hear David expressing in this psalm?
- 08** Break up into pairs and briefly look at one or more of the following psalms. What do you notice? What do they share in common?

Psalm 13 _____

Psalm 22 _____

09 How easy is it to feel far from God and still express your confidence in God? Discuss.

10 What are some things in our lives that can contribute to us feeling like we are far from God?

11 How might the following verses encourage you in times when you are far from God?

Romans 8:37-39

Philippians 4:5-7

James 4:8

Matthew 11:28-30

Hebrews 7:25

12 Aside from meditating on God's Word and expressing ourselves through song, what other things may help us when we feel far from God?

13 Pick out a verse to memorise this week from any of the readings covered in this study. Share why you chose this verse.

14 Pray for each other.

A SONG OF REPENTANCE

3

Psalm 51 | 2 Samuel 12:1-14

01 What can make it hard to say sorry and admit that you are wrong?

02 Read 1 Samuel 12:1-14, which provides the context for Psalm 51.

03 List out the different sins David committed. Which commandments did he break?

04 Why was Nathan's story so effective at convicting David of his sins against Bathsheba and Uriah?

05 David's sin is understood as despising God (v.10) and his word (v.9), and showing 'utter contempt for the Lord' (v.14). How are the sins David committed related to his relationship with God?

06 Read Psalm 51 and/or sing 'Create in me a clean heart' together.

07 What aspects of God's character does David appeal to for mercy (v.1-2)?

08 What can we learn about true repentance in verses 3 to 15?

09 ‘You do not delight in sacrifice ... My sacrifice, O God, is a broken spirit’ (v.16-17). What does David mean? (Also look up 1 Sam 15:22 for greater context).

10 What are the differences between showing regret and true repentance?

11 Look up other Psalms that focus on repentance. Break up into pairs and briefly look at one or more of the following Psalms. Compare similarities and differences to Psalm 51.

Psalm 6 _____

Psalm 32 _____

Psalm 38 _____

12 Why did Jesus see repentance as the way into God’s kingdom? (cf. Mk 1:15; Mt 9:12-13; Lk 5:32; 15:7; 24:47)

13 How might we maintain a heart that is soft towards God?

14 Spend a few moments thinking back over this study. What is one highlight, or action that you might take away?

15 Pray for each other.

A SONG OF GOD'S PROVISION

4

Psalm 18 | 2 Samuel 22:1-3

01 What is something small that has happened to you this week that you are grateful for?

02 Read 2 Samuel 22:1-3. What is the occasion for Psalm 18?

03 Read Psalm 18:1-50.

04 As you look through the psalm, what are the different images of God used?

05 What is David expressing through this psalm (esp. v.49-50)?

06 If you were to write a psalm thanking God for his provision in your life, what images of God would you use and why?

07 In pairs or triplets, briefly look at one or more of the following psalms. List out the key things that the psalmist thanks God for providing?

Psalm 34 _____

Psalm 147 _____

Psalm 65 _____

Psalm 145 _____

08 David's life was often difficult. What helps you keep being thankful when life gets difficult?

09 What are some ways you can encourage others in this group to express their thanks for God's provision?

10 What is one thing that from this study that you will take away or put into practice?

11 Challenge activity: During the week, write a psalm of God's provision that expresses your heart and share it with someone else.

12 Pray for each other.



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